



Grishko Sizing Chart

Please note sizing data is provided by Grishko and should be used as a guide only.

Pointe Shoes

U.S. Street Shoe	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11
Grishko	1	1 - 1.5	1.5 - 2	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8

Width	
Extra-Narrow	0X*
Narrow	X
Medium	XX
Medium-Wide	XXX
Wide	XXXX
Extra-Wide	XXXXX

* - Available in Elite models only.

Women's Ballet Slippers

U.S. Street Shoe	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5
Grishko	33	34	34.5	35	36	37	37.5	38	39	40	40.5	41	42	43	43.5	44

Width	
Narrow	A
Medium	B
Wide	C
Extra-Wide	D

Men's Ballet Slippers

U.S. Street Shoe	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13
Grishko	37.5	38	39	40	40.5	41	42	43	43.5	44	45	46	47

Width	
Narrow	D
Medium	E
Wide	F

Children's Ballet Slippers

U.S. Street Shoe	9	9.5	10.5	11	12	13	1	1.5	2
Grishko	26	27	28	28.5	29	30	31	31.5	32

Width	
Narrow	A
Medium	B

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