



## Bunheads Toe Pads Sizing Chart

Please note sizing data is provided by Bunheads and should be used as a guide only.

When fitting Bunheads Toe Pads, please take into consideration that there will be a crossover in recommended sizing due to the size, width, and shape of the foot and the length of the toes.

### **Ouch Pouch**

The Ouch Pouch® offers padding under the ball of the foot and takes up slightly more room in the box of the shoe. This pad may be better suited for a narrow to medium or tapered foot, or for the dancer who prefers more padding.

*Ouch Pouch® Small - Sizes 1 - 5*

*Ouch Pouch® Large - Sizes 6 - 10*

### **Ouch Pouch Jr.**

The Ouch Pouch Jr.® may be better suited for a wider foot or for the dancer who prefers a little less padding than the Ouch Pouch®. This pad has the most versatility.

*Ouch Pouch Jr.® Small - Sizes 1 - 6*

*Ouch Pouch Jr.® Large - Sizes 7 - 10*

### **Pro Pad**

The Pro Pad® takes up the least amount of space in the shoe. This pad is most suitable for the pre-professional/professional dancer who prefers minimal padding or for the dancer who has a wide foot.

*Pro Pad® Small - Sizes 1 - 5*

*Pro Pad® Large - Sizes 6 - 10*

**All Bunheads Toe Pads are hand washable and should be air dried.**

**Pads should be removed from shoes and allowed to air dry after each wearing.**

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